

EUROPEAN MASTERS INDOOR RECORDS 2022

compiled by Ivar Söderlind, Record Manager of EMA

March 16, 2022

I have worked with the European Masters Records for more than 33 years. I started in July 1988 on behalf of EVAA (European Veteran Athletics Association). Before it was no statistic compilation with official European Masters Records. Since June 2000, when I started the EVAA Web Site, I have compiled and reported the European Records on EVAA/EMA Web Site.

In 2012, we started the Data Base of the European Records/Best Performances in EVAA Website. I really believe that the Data Base and the EMA Record Group with me, Giusy Lacava from Italy, Fernando Marquina from Spain has been a step in the right direction in pace with times.

I will also continue to publish my Record lists with my comments on the EMA Web Site. Please check the list given below and help us in the Record Group to make it more complete.

In 2022, up to March 16, we have registered 35 European Indoor Records and 23 of these records also are World Records. In EMACI in Braga, Portugal February 21-26 we registered 16 European Indoor Records and 7 of these records also were World Records. We also have 2 more result (a) which shall be ratified as European Indoor Record when/if all record forms/documents are received and ratified by EMA.

In 2021, up to December 31, we have registered 21 European Indoor Records and 15 of these records also are World Records

In 2020, up to December 31, we have, despite the Corona pandemic and no International Indoor Masters Championships in 2020, registered as many as 26 European Indoor Records and 14 of these records also are World Indoor Records.

In 2019, up to December 31, we totally registered 57 European Indoor Records and 31 of them also were World Indoor Records. In the World Masters Championships Indoors (WMA CI) in Torun, Polen in March 2019 we noted 42 European Records (3 outdoors) and 20 of these records also were world records. Totally it was 36 World Records (1 outdoors) in Torun.

In 2018, up to December 31, we registered 36 European Indoor Records and 23 of these also were world records. In the European Masters Indoors Championships in Madrid March 19-24, 2018, we registered 16 European Records (3 outdoors), 11 World Records (2 outdoors) and 74 Championships records (15 outdoors).

In 2017 we registered 32 European Indoor Records and 20 of these also were World Records. In 2016, we registered 47 European Indoor Records (25 World Records), in 2015 50 European Indoor Records (32 World Records), in 2014 77 European Indoor Records (50 World Records) and in 2013 40 European Indoor Record (20 World Records).

Remember when you report new Pentathlon Records to include the results for all the five events and not only the points (see in the new EMA application). From January 2014, we also have new age factors for scoring of some Combined Events. All records which are affected by the new age factors for Pentathlon Indoors are updated.

Observe that for European/World Records in Weight Throw it always must be Weight Throw indoors, not outdoors in an Indoor Championship!! Only results with all tasks reported (Birth Date, Date and Place for the Competition) are approved as official records. Only electronically timing is accepted for all distances in the Record List. For distances from 200m and more the track round must be 220yards (201.168m) or shorter.

New records can most easily be reported by the EMA Record Application! Take copies of the application from the EMA Web Site and also send a copy of the result lists to us, preferable by mail as an attachment. If the European Record also is a World Record, I will inform the WMA Records Chairperson, for their approval.

A copy of "photofinish" and "zero control test" are required for events with Fully Automatic Timing. "Zero control test" means that the Record Application must be accompanied by an electronic photo of the gun shot that shows that the clock starts just when you see the mouth of the flame, i.e. one must above all prove that the clock does not start later, which would provide for a better time.

Results from European Masters Championships - EMC (Stadia/Non-Stadia/Indoors) and results from WMA Championships are not necessary to report to EMA. We in the Record Working Team also have control over the results from international competitions sanctioned by IAAF or EAA and figuring in the IAAF and EAA Calendars. If WA (World Athletics) and EA (European Athletics) accept results that are made in accordance with their regulations, we need no further checks.

* = new records registered 2021

* = new records registered 2022

a) = the record will be ratified when/if all record forms are received and registered by EMA

EMC = record noted in European Masters Athletic Championships Indoors

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EVC = record noted in European Veteran Athletic Championships Indoors

WMA = record noted in WMA Championships Indoors

EC = record noted in European Championships Indoors

Welcome to the official EMA Web Site: www.european-masters-athletics.org/

60m

Age group		Name and country	Born	Meet place	Meet date	
M35	6.51	Linford Christie,GBR	020460	Sindelfingen,GER	010397	
M40	6.69	Dwain Chambers,GBR	050578	London,GBR	160219	
M45	6.97	Mario Longo,ITA	210864	Ancona,ITA	090110	World R
M50	7.04	Mario Longo,ITA	210864	Ancona,ITA	290316	EMC World R
M55	7.41	Andr� Bancod,FRA	050364	Torun,POL	260319	WMA
M60	7.66	Vladimir Vybostok,SVK	190247	Helsinki,FIN	230307	EVC
a)	7.65	G�ner G�ng�r,TUR	260458	Izmir,TUR	260119	
M65	7.81	Vladimir Vybostok,SVK	190247	Jyv�skyl�,FIN	040412	WMA
M70	8.09	Glyn Sutton,GBR	030545	Ancona,ITA	230116	EMC World R
M75	8.56	Harmut Kraemer,GER	190342	Madrid,ESP	210318	EMC
M80	9.17	Hans Hoffman,GER	080925	Halle,GER	280106	
M85	9.78	Giuseppe Marabotti,ITA	111115	Bordeaux,FRA	100301	EVC
M90	10.91	Vittorio Col�,ITA	090911	Torino,ITA	020202	World R
M95	14.09	Pekka Penttila,FIN	190324	Torun,POL	270319	WMA World R
100	17.52	Giuseppe Ottaviani,ITA	200516	Ancona,ITA	200516	World R
W35	7.17	Irina Khabarova,RUS	180366	Omsk,RUS	241205	
W40	7.17	Merlene Ottey,SLO	100560	Linz,AUT	070303	World R
W45	7.30	Merlene Ottey,SLO	100560	Leipzig,GER	090207	World R
W50	8.12	Nicole Alexis,FRA	090160	Paris,FRA	030115	
W55	8.01	Nicole Alexis,FRA	090160	Torun,POL	250315	EMC World R
*W60	8.52	Kirstin King,GBR	080262	London,GBR	130222	World R
*W60	8.53	Nicole Alexis,FRA	090160	Li�vin,FRA	230122	World R
W65	8.80	Ingrid Meier,GER	010447	Jyv�skyl�,FIN	040412	WMA World R
*W70	9.64	EWA Bartosik,POL	150351	Torun,POL	120222	
W75	10.13	Renate Kimmel,GER	190739	Ludwigshafen,GER	300116	
*W80	10.58	Rietje Dijkman,NED	210639	Braga,POR	240222	EMC
W85	12.48	Emma Mazzenga,ITA	010833	Torun,POL	270319	WMA
W90+	16.81	Elena Pagu,ROU	270726	Torun,POL	270319	WMA

200m

		Name and country	Born	Meet place	Meet date	
M35	20.59	Doug Turner,GBR	021266	Birmingham,GBR	170202	World R
M40	21.71	Darren Scott,GBR	070369	Birmingham,GBR	070210	World R
M45	22.52	Darren Scott,GBR	070369	Torun,POL	270315	EMC World R
*M45	22.46	Jochen Gippert,GER	250177	Dortmund,GER	300122	World R
M50	23.22	Stephen Peters,GBR	050753	Sindelfingen,GER	110304	WMA
*M55	24.07	Claudio Fausti,ITA	050267	Braga,POR	260222	EMC
M60	25.24	Guido M�ller,GER	221238	Stuttgart,GER	090202	
	25.24	Alasdair Ross,GBR	170352	Budapest,HUN	280314	WMA
M65	25.59	Guido M�ller,GER	221238	Linz,AUT	120205	
M70	26.87	Guido M�ller,GER	221238	Sindelfingen,GER	130210	
M75	27.87	Guido M�ller,GER	221238	Erfurt,GER	010314	
M80	31.84	Lars Wennblom,SWE	281034	�rebro,SWE	291114	
M85	34.42	Ugo Sansonetti,ITA	100119	Sindelfingen,GER	100304	WMA
M90	40.19	Herbert E M�ller,GER	121129	D�sseldorf,GER	090220	World R
M95	54.77	Charles Eugster,GBR	260719	Torun,POL	200516	World R
M100	2:15.90	Giuseppe Ottaviani,ITA	200516	Ancona,ITA	200516	
W35	23.04	Sandra Myers,ESP	090161	Torino,ITA	170296	World R
W40	23.93	Merlene Ottey,SLO	100560	Wien,AUT	280103	World R
W45	25.44	Maryvonne Icarre,FRA	071265	Faubonne,FRA	090111	World R
W50	25.94	Maryvonne Icarre,FRA	071265	Ancona,ITA	010416	EMC World R
W55	26.13	Nicole Alexis,FRA	090160	Torun,POL	270315	EMC World R
*W60	28.58	Nicole Alexis,GBR	090160	Braga,POR	260222	EMC
W65	29.98	Helen Godsell,GBR	010254	London,GBR	100319	
W70	33.11	Jo Ogden,GBR	180627	Glasgow,GBR	280298	
*W75	35.36	Barbro Bob�ck,SWE	150444	V�ster�s,SWE	141121	
*W80	36.93	Rietje Dijkman,NED	210639	Braga,POR	260222	EMC
W85	44.28	Emma Mazzenga,ITA	010833	Torun,POL	290319	WMA
W90+	1:40.53	Elzbieta Kalinowska,POL	010128	Torun,POL	290319	WMA

400m

		Name and country	Born	Meet place	Meet date.	
M35	47.35	Ruslan Maschenko,RUS	011171	Volgograd,RUS	090207	World R
*M40	48.83	Ricardo Menendez, ESP	260878	Braga, POR	220222 EMC	World R
*M45	50.66	James Atteen Fernandez, ESP	010675	Madrid,ESP	200321	
*M50	51.44	Juan Luis Lopez Anaya,ESP	140570	Antequera,ESP	090122	World R
M55	54.19	David Elderfield, GBR	241155	Gent,BEL	190311	EVC
M60	55.70	Guido Müller, GER	221238	München,GER	020202	
M65	56.63	Guido Müller, GER	221238	Fürth, GER	080204	World R
M70	59.48	Guido Müller, GER	221238	Fürth,GER	300110	
M75	1:03.12	Guido Müller,GER	221238	Fürth,GER	020314	World R
*M80	1:06.18	Jean Louis Esnault,FRA	190140	Eaubonne,FRA	1902222	World R
*M85	1:23.62	Manuel Alonso Domingo,ESP	210336	Ancona,ITA	250921	
M90	1:41.08	Herbert E Müller, GER	121129	Düsseldorf,GER	090220	
W35	51.99	Helena Fuchsova,CZE	030665	Praha,CZE	180201	World R
*W40	54.63	Aneta Lemiesz,POL	170181	Spala,POL	050222	World R
W45	58.46	Monique Krefting,GBR	131169	London,GBR	240219	
*W50	60.11	Sharon Wilkinson, GBR	010971	Braga, POR	220222 EMC	World R
W55	1:02.11	Caroline Powell,GBR	211253	London,GBR	090313	World R
W60	1:04.76	Caroline Powell,GBR	211253	Budapest,HUN	300314	WMA World R
W65	1:08.94	Caroline Powell,GBR	211253	Torun,POL	260319	WMA
W70	1:17.21	Michelle Peroni-Eдох, FRA	070847	Nantes,FRA	210220	World R
W75	1:23.23	Riet Jonkers,NED	041043	Gent,BEL	261218	
W80	1:30.37	Kathleen Stewart,GBR	070839	Lee Valley,London	070320	World R
W85	1:51.89	Emma Mazzenga,ITA	010833	Torun,POL	260319	WMA World R

800m

		Name and country	Born	Meet place	Meet date	
M35	1:48.92	Nico Motchebon,GER	131169	Stuttgart,GER	290105	World R
M40	1:50.92	Anthony Whiteman,GBR	131171	Sheffield,GBR	080214	
M45	1:52.96	Anthony Whiteman,GBR	131171	Sheffield,GBR	110217	World R
M50	1:59.69	Gunnar Durén,SWE	160963	Stockholm,SWE	060214	
*M55	2:06.41	Francesco D'Augustino,ITA	090166	Braga, POR	230222 EMC	World R
M60	2:13.87	Joaquin Joyas Albertus,ESP	121158	Sabadell,ESP	040119	
*M65	2:15.30	Paul Forbes, GBR	181221	Glasgow,GBR	181221	World R
M70	2:26.56	Hans Smeets, NED	230247	Dortmund,GER	271217	
M75	2:41.00	Jose Vicente Rioseco Lopez,ESP	300441	Ourense,ESP	231218	
*M80	2:43.67	Jose Vicente Rioseco Lopez,ESP	300441	Ancona,ITA	250921	World R
*M85	3:08.06	Manuel Alonso Domingo,ESP	210336	Madrid,ESP	210321	World R
M90	4:13.39	Herbert E Müller,GER	121129	Erfurt,GER	290220	
M95	5:42.52	Antonio Nacca,ITA	161223	Ancona,ITA	240219	World R
W35	1:58.37	Helena Fuchsova,CZE	030665	Liévin,FRA	250201	World R
W40	2:01.59	Yekaterina Podkopyayeva,RUS	110652	Grenoble,FRA	060294	World R
*W45	2:15.95	Anne Jaffrelot,FRA	150474	Saint Brieux,FRA	050222	
W50	2:16.73	Eva Trost,GER	300168	Munich,GER	100218	World R
W55	2:20.10	Anne Gilshinan,IRL	060464	Athlone,IRL	080320	World R
*W60	2:35.22	Maria Esther Pedrosa Carrete,ESP	190561	Ourense,ESP	201121	World R
W65	2:47.75	Lydia Ritter,GER	081138	Ludwigshafen,GER	190104	
W70	2:56.36	Angela Copson,GBR	200447	Torun,POL	280319	WMA
W75	3:18.55	Riet Jonkers,NED	041043	Gent,NED	120119	
W80	3:45.54	Lydia Ritter,GER	081138	Ludwigshafen,GER	080220	
W85	4:09.58	Melitta Czerwenka-Nagel,GER	300430	Ancona,ITA	310316	EMC World R
*W90	5:27.80	Melitta Czerwenska-Nagel,GER	300430	Braga, POR	230222 EMC	World R

1500m

		Name and country	Born	Meet place	Meet date	
M35	3:37.40	Marcus O'Sullivan, IRL	221261	Stockholm, SWE	200297	
M40	3:44.12	Anthony Whiteman, GBR	131171	London, GBR	030312	
M45	3:54.94	Anthony Whiteman, GBR	131171	Sheffield, GBR	070217	World R
*M50	4:08.84	Antonio Cuadrillero Barranco, ESP	061071	Madrid, ESP	130222	
M55	4:16.69	Guy Bracken, GBR	171261	Glasgow, GBR	070317	
M60	4:26.62	Brian Lynch, IRL	140154	Budapest, HUN	300314	WMA World R
M65	4:43.01	Cees Stolwijk, NED	100150	Apeldoorn, NED	140215	World R
M70	4:53.53	Cees Stolwijk, NED	100150	Apeldoorn, NED	010220	World R
M75	5:20.96	Jean-Louis Esnault, FRA	190140	Ancona, ITA	020416	EMC
*M80	5:33.33	José Vicente Rioseco Lopez, ESP	300441	Ancona, ITA	240921	World R
*M85	6:19.55	Manuel Alonso Domingo, ESP	210336	Ourense, ESP	281121	World R
M90+	8:33.37	Antonio Nacca, ITA	161223	Ancona, ITA	080314	World R
M95	10:55.85	Antonio Nacca, ITA	161223	Ancona, ITA	230219	World R
W35	4:03.61	Violeta Szekely, ROM	230365	Stockholm, SWE	150201	
W40	4:05.19	Yekaterina Podkopayeva, RUS	110652	Paris, FRA	090397	WC World R
W45	4:28.13	Corinne Debaets, BEL	021263	Gent, BEL	220209	World R
W50	4:40.07	Clare Elms, GBR	261263	London, GBR	080314	World R
*W55	4:43.59	Anne Gilshinan, IRL	060464	Abbotstown, IRE	190122	World R
W60	5:10.44	Lidia Zenther, GER	270353	Ludwigshafen, GER	010214	World R
W65	5:36.88	Angela Copson, GBR	200447	San Sebastian, ESP	240313	EVC
W70	5:49.12	Angela Copson, GBR	200447	London, GBR	100318	World R
W75	6:47.04	Melitta Czerwenka-Nagel, GER	300430	Linz, AUT	200306	WMA World R
W80	7:52.11	Melitta Czerwenka-Nagel, GER	300430	San Sebastian, ESP	240313	EVC
W85	8:47.83	Melitta Czerwenka-Nagel, GER	300430	Ludwigshafen, GER	300116	World R
*W90	11.38.34	Melitta Czerwenska-Nagel, GER	300430	Braga, POR	260222	EMC World R

3000m

		Name and country	Born	Meet place	Meet date	
M35	7:40.68	Dieter Baumann, GER	090265	Stuttgart, GER	030202	
M40	8:01.44	Vyacheslav Shabunin, RUS	270969	Moskva, RUS	070210	
*M45	8:22.54	Davide Raineri, ITA	210573	Padova, ITA	310121	World R
*M50	8:37.73	Antonio Cuadrillero Barranco, ESP	061071	Ourense, ESP	261121	World R
M55	8:58.7m	Günther Hesselmann, GER	030825	Dortmund, GER	141280	World R
*M60	9:31.40	Håkan Eriksson, SWE	200861	Västerås, SWE	250226	World R
M65	10:02.56	Cees Stolwijk, NED	100150	Torun, POL	230315	EMC World R
M70	10:41.80	Cees Stolwijk, NED	100150	Apeldorn, NED	080220	
M75	11:43.09	Jean-Louis Esnault, FRA	190140	Torun, POL	230315	EMC
M80	12:57.71	Manuel Alonso Domingo, ESP	210336	Madrid, ESP	220117	
*M85	14.29.55	Bernardino Pereira, POR	160336	Braga, POR	230222	EMC
M90	18:06.97	Antonio Nacca, ITA	161223	Ancona, ITA	080314	World R
M95	22:52.15	Antonio Nacca, ITA	161223	Ancona, ITA	220219	World R
W35	8:39.81	Helen Clitheroe, GBR	020174	Birmingham, GBR	190211	
W40	8:58.20	Nuria Fernandez, ESP	160876	Belgrade, SRB	030317	EC World R
W45	9:11.67	Nicole Leveque, FRA	270151	Paris Bercy, FRA	110296	World R
W50	9:56.39	Fiona Matheson, GBR	250461	Glasgow, GBR	281211	World R
W55	10:13.40	Clare Elms, GBR	261263	London, GBR	100319	World R
*W60	10:56.17	Maria Esther Pedr. Carrete, ESP	190561	Ourense, ESP	120222	World R
*W60	10:56.89	Fiona Matheson, GBR	250461	Glasgow, GBR	300122	World R
M65	11:49.53	Angela Copson, GBR	200447	San Sebastian, ESP	190313	EVC
W70	12:37.45	Angela Copson, GBR	200447	London, GBR	110318	World R
W75	13:55.58	Elfriede Hodapp, GER	150635	Erfurt, GER	030312	World R
W80	15:52.13	Denise Leclerc, FRA	101033	Eaubonne, FRA	230214	World R
W85	18:38.76	Melitta Czerwenka-Nagel, GER	300430	Erfurt, GER	130216	World R

1500m

		Name and country	Born	Meet place	Meet date	
*M50	4:09.62	Mark Symes, GBR	121068	Braga, POR	260222	EMC
M50	4:08.84	Juan Antonio Cuadrillero Barranco,	061071	Madrid,		
ESP						
ESP	130222					

If the name is long, the correct thing is J. Antonio Cuadrillero Barranco

3000m Track Walk

		Name and country	Born	Meet place	Meet date	
M35	11:08.0	Robert Korzeniowski, POL	300768	Belfast, GBR	150204	World R
M40	11:51.60	Mikel Odriozola Dominguez, ESP	250573	San Sebastian, ESP	250114	
M45	12:14.77	Miguel Angel Prieto, ESP	200964	Gent, BEL	170311	EVC World R
M50	12:38.88	Gilles Sahuc, FRA	230562	Budapest, HUN	260314	WMA
M55	13:16.03	Graziano Morotti, ITA	150151	Ancona, ITA	280209	
M60	13:37.96	Graziano Morotti, ITA	150151	Gent, BEL	170311	EVC World R
M65	14:23.80	Ian Richards, GBR	120448	Budapest, HUN	260314	WMA
M70	15:19.64	Ian Richards, GBR	120448	Torun, POL	250319	WMA World R
M75	16:29.62	Arthur Thomson, GBR	220436	Enfield, GBR	110312	World R
M80	17:41.4	James Grimwade, GBR	170512	Cosford, GBR	200393	World R
M85	21:13.8	George Mitchell, GBR	051114	Torun, POL	260200	World R
M90	24:33.58	Viljo Hyvola, FIN	030129	Torun, POL	250319	WMA World R
M95+	35:53.5	Ilmari Koppinen, FIN	080118	Turku, FIN	110213	World R
W35	12:23.46	Maria Jose Poves Novella, ESP	160378	Zaragoza, ESP	090314	World R
W40	12:33.1	Olena Veremiychuk, UKR	131059	Kyiv, UKR	260200	World R
W45	14:00.40	Kristine Saltanovic, LTU	200275	Braga, POR	220220	
W50	14:18.0	Siw Karlström, SWE	090757	Uddevalla, SWE	100312	World R
W55	15:06.18	Maria A Silva Fernandes, POR	260352	Pombal, POR	230208	
W60	15:39.97	Marie-Astrid Monmessin, FRA	050256	Nogent S Oise, FRA	190216	World R
W65	17:32.0	Britta Tibbling, SWE	190318	Lidingö, SWE	140287	
*W70	18.16.99	Maria Mendes, POR	250951	Braga, POR	210222	EMC World R
W75	20:49.88	Pirjo Karetie, FIN	160942	Jyväskylä, FIN	240318	World R
W80	21:34.4	Aina Engberg, SWE	020223	Västerås, SWE	210204	World R
W85+	23:30.8	Aina Engberg, SWE	020223	Huddinge, SWE	160308	World R
W90	27:25.90	Elena Pagu, ROM	250726	Torun, POL	260319	WMA World R

60m hurdles

M35-M45 (hurdle height 0.991m). M50-M55 (hurdle height 0.914m). M60-M65, W35 (hurdle height 0.84 m). M70-M75, W40-W55 (hurdle height 0.762 m). M80+, W60+ (hurdle height 0.686 m)

		Name and country	Born	Meet place	Meet date	
M35	7.40	Colin Jackson, GBR	180267	Wien, AUT	020302	EC World R
M40	7.85	Vincent Clarico, FRA	080166	Linz, AUT	190306	WMA World R
*M45	8.20	Mensah Elliot, GBR	290876	Braga, POR	260222	EMC
*M50	8.25	Joe Appiah, GBR	261070	London, GBR	290122	
M55	8.91	Martin Vogel, GER	220959	Torun, POL	250315	EMC
M55	8.91	Donald Brown, GBR	21096	Lee Vally, London	070320	
M60	9.00	Rolf Geese, GER	190244	Sindelfingen, GER	130304	WMA
M65	9.36	Valerliy Davydov, RUS	280150	Torun, POL	250315	EMC
M70	9.76	Rolf Geese, GER	190244	Erfurt, GER	020314	
M75	10.32	Rolf Geese, GER	190244	Erfurt, GER	010320	
M80	10.86	Anthony Bowman, GBR	020935	London, GBR	120316	World R
*M85	12.95	Anthony Bowman, GBR	020935	London, GBR	050322	World R
M90+	17.56	Ilmari Koppinen, FIN	080118	Tampere, FIN	100208	
W35	8.02	Patricia Girard, FRA	080468	Madrid, ESP	050305	EC
W40	8.07	Patricia Girard, FRA	080468	Paris, FRA	130209	
W45	8.79	Christine Müller, SUI	220758	Sindelfingen, GER	130304	WMA World R
W50	9.26	Christine Müller, SUI	220758	Ancona, ITA	280309	EVC World R
W55	9.76	Susan Frisby, GBR	090460	London, GBR	100319	
W60	9.80	Jane Horder, GBR	180157	Lough Borough, GBR	030218	World R
*W65	10.29	Jane Horder, GBR	180157	Leicestershire, GBR	050222	World R
W70	11.37	Asta Larsson, SWE	231031	Lund, SWE	020202	World R
W75	13.17	Riet Jonkers, NED	041043	Utrecht, NED	050119	World R
W80+	25.44	Dorothy McLennan, IRL	110935	Torun, POL	290319	WMA

High Jump

		Name and country	Born	Meet place	Meet date	
M35	230	Dragutin Topic, SRB	120371	Novi Sad, SRB	070208	World R
M40	210	Dalton Grant, GBR	050466	Banska Bystr, SLO	050208	World R
M45	200	Marco Segatel, ITA	230362	Aosta, ITA	020308	
M50	200	Thomas Zacharias, GER	020147	Birmingham, GBR	020397	EVC World R
M55	187	Marco Segatel, ITA	230362	Madrid, ESP	190318	EMC
M60	178	Oleg Fedorko, UKR	311054	Madrid, ESP	190318	World R
M65	173	Oleg Fedorko, UKR	311054	Kuiv, UKR	080920	World R
M70	159	Carl-Erik Särndal, SWE	170737	Ancona, ITA	270309	EVC World R
M75	152	Carl-Erik Särndal, SWE	170737	Malmö, SWE	200113	World R
M80	140	Carl-Erik Särndal, SWE	170737	Malmö, SWE	020319	World R
M85	122	Nils-Bertil Nevrup, SWE	291126	Jyväskylä, FIN	070412	WMA World R
M90	107	Emmerich Zensch, AUT	201219	Kamloops, CAN	060310	WMA World R
M95+	95	Emmerich Zensch, AUT	201219	Ancona, ITA	010416	EMC
W35	202	Anna Chicherova, RUS	220782	Moscow, RUS	150219	World R
W40	194	Venelina Veneva-Mateev, BUL	130674	Dobrich, BUL	150215	World R
W45	165	Julia Machin, GBR	260370	Lee Valley, London	010320	
W50	160	Petra Bajeat, FRA	060366	Torun, POL	290319	NMA World R
W55	155	Wendy Laing, GBR	291262	Madrid, ESP	210318	EMC World R
W60	150	Frauke Viebahn, GER	261159	Düsseldorf, GER	090220	World R
W65	139	Weia Reinboud, NED	110350	Apeldoorn, NED	130216	World R
W70	130	Ursula Stelling, GER	230541	Erfurt, GER	030312	World R
W75	124	Rietje Dijkman, NED	210639	Apeldoorn, NED	130216	
*W80	117	Rietje Dijkman, NED	210639	Braga, POR	260222	EMC
a)	118	Rietje Dijkman, NED	210639	Hilversum, NED	311021	
W85+	90	Giulia Perugini, ITA	091126	Ancona, ITA	110222	World R

Pole Vault

		Name and country	Born	Meet place	Meet date	
M35	590	Björn Otto, GER	161077	Gottbus, GER	300113	World R
M40	523	Oscar Jansson, SWE	220775	Växjö, SWE	260217	
M45	490	Jonas Anslund, SWE	140273	Göteborg, SWE	200120	
M50	464	Mark Johnson, GBR	210216	Enfield, GBR	210216	
M55	451	Wolfgang Ritte, GER	070153	Alsfeld, GER	070210	
M60	416	Wolfgang Ritte, GER	070153	Ludwigshafen, GER	310115	World R
M65	396	Wolfgang Ritte, GER	070153	Madrid, ESP	200318	EMC World R
M70	326	Jarmo Lipaasti, FIN	180149	Hyvinkää, FIN	180120	
M75	300	Zoltan Kurunczi, HUN	171038	Budapest, HUN	270314	WMA World R
M80	256	Lars Wennblom, SWE	281034	Borås, SWE	090315	
M85	191	Åke Lund, FIN	081030	Helsinki, FIN	261115	
M90+	160	Ahti Pajunen, FIN	031209	Heinola, FIN	060200	
	160	Emmerich Zensch, AUT	201219	Kamloops, CAN	050310	WMA
W35	452	Nicole Buchler, QAT	171283	Zürich, SWI	280819	
W40	405	Doris Auer, AUT	100571	Wien, AUT	210112	World R
W45	355	Irie Hill, GBR	160169	Budapest, HUN	260314	WMA World R
W50	351	Irie Hill, GBR	160169	Torun, POL	300319	WMA World R
W55	302	Brigitte van de Kamp, NED	150660	Apeldoorn, NED	130218	World R
W60	291	Susan Yeomans, GBR	160353	Edmonton, GBR	070315	
W65	261	Susan Yeomans, GBR	160353	Torun, POL	300319	WMA
W70	212	Karin Förster, GER	120846	Münster, GER	190317	World R
W75	185	Kirsi Viitanen, FIN	210842	Turku, FIN	250118	
W80+	143	Christel Happ, GER	251229	Gent, BEL	160311	EVC

Long Jump

		Name and country	Born	Meet place	Meet date	
M35	798	Bogdan Tudor,ROM	010270	Bucuresti,ROM	130205	World R
M40	759	Mattias Sunneborn,SWE	270970	Stockholm,SWE	030213	World R
M45	697	Rainer Wenk,GER	080360	Eskilstuna,SWE	120305	EVC
M50	675	Gianni Becatti,ITA	270863	Ancona,ITA	280215	World R
M55	634	Stig Bäcklund,FIN	271039	Oulu,FIN	190395	World R
M60	593	Adrian Neagu,ROU	150653	Budapest,HUN	290314	WMA World R
M65	548	Klemens Grisser,GER	121151	Daegu,KOR	240317	WMA World R
M70	522	Vladimir Popov,RUS	090732	Moscow,RUS	200304	EVC World R
M75	470	Wolfgang Reuter,GER	120829	Eskilstuna,SWE	110305	EVC World R
M80	405	Hans Hoffman,GER	080925	Linz,AUT	150306	WMA
M85	360	Aate Lehtimäki,FIN	160419	Jyväskylä,FIN	120205	World R
M90	296	Vittorio Colo,ITA	091111	San Sebastian,ESP	070303	EVC
M95	205	Emmerich Zensch,AUT	201219	Torun,POL	240315	EMC World R
M100	116	Giuseppe Ottaviani,ITA	200516	Ancona,ITA	250217	World R
W35	686	Heike Drechsler,GER	161264	Gent,BEL	270200	World R
W40	664	Tatyana Ter-Mesrobian,RUS	120568	S.Petersburg,RUS	050110	World R
W45	567	Petra Bajeat,FRA	060366	Saumur,FRA	150112	
W50	557	Petra Bajeat,FRA	060366	Torun,POL	250319	WMA World R
*W55	507	Petra Bajeat,FRA	060366	Nantes,FRA	211121	World R
W60	458	Christiane Schmalbruch,GER	080137	Malmö,SWE	060399	EVC World R
W60	458	Maria Rosa Escribano,ESP	291258	Torun,POL	260319	WMA World R
W65	436	Ingrid Meier,GER	010447	Jyväskylä,FIN	060412	WMA World R
W70	395	Christiane Schmalbruch,GER	080137	Hamburg,GER	170208	
W75	371	Christiane Schmalbruch,GER	080137	Budapest,HUN	270314	WMA
*W80	349	Rietje Dijkman,NED	210639	Braga,POR	220222	EMC World R
W85	201	Senni Sopanen,FIN	110927	Budapest,HUN	270314	WMA
W90+	136	Mary Wixey,GBR	230121	Gent,BEL	200311	EVC

Triple Jump

		Name and country	Born	Meet place	Meet date	
M35	1744	Jonathan Edwards,GBR	100566	Birmingham,GBR	210203	World R
M40	1713	Donato Fabrizio,ITA	140876	Belgrade,SRB	050317	EC World R
M45	1470	Wolfgang Knabe,GER	120759	Hannover,GER	290105	
M50	1411	Wolfgang Knabe,GER	120759	Hannover,GER	230110	World R
M55	1349	Wolfgang Knabe,GER	120759	Erfurt,GER	230110	World R
M60	1253	Stig Bäcklund,FIN	271039	Porvoo,FIN	131199	World R
M65	1193	Klemens Grissmer,GER	121151	Madrid,ESP	210318	World R
M70	1088	Pertti Ahomäki,FIN	260246	Ancona,ITA	020416	EMC World R
M75	969	Stig Bäcklund,FIN	271039	Jyväskylä,FIN	080315	World R
M80	863	Samuli Korpi,FIN	180829	Kouvola,FIN	300110	
M85	772	Aatos Sainio,FIN	070625	Tampere,FIN	300111	World R
M90	652	Vittorio Colo,ITA	091111	San Sebastian,ESP	080303	EVC World R
M95	531	Emmerich Zensch,AUT	201219	Torun,POL	270315	EMC World R
M100	327	Giuseppe Ottaviani,ITA	200516	Ancona,ITA	200516	World R
W35	1482	Yamile Aldama,GBR	140872	Istanbul,TUR	100312	WC World R
W40	1395	Yamile Aldama,GBR	140872	Göteborg,SWE	030313	World R
W45	1241	Muriel Glovil,FRA	070768	Nantes,FRA	160314	World R
*W50	1133	Eva Maria Gadea Solera,ESP	080971	Valencia,ESP	060222	World R
W55	1052	Petra Herrmann,GER	020959	Erfurt,GER	140216	
	1052	Joanne Willoughby,GBR	301161	Torun,POL	280319	
*W60	1027	Alicia Hernandez Martinez,ESP	200261	Barcelona,ESP	280221	World R
W65	904	Edith Graff,BEL	191141	Helsinki,FIN	250307	EVC
W70	799	Asta Larsson,SWE	231031	San Sebastian,ESP	090303	EVC
W75	787	Christiane Schmalbruch,GER	080137	Budapest,HUN	290314	WMA
*W80	757	Rietje Dijkman,NED	210639	Braga,POR	230222	EMC World R
W85+	426	Senni Sopanen,FIN	110927	Budapest,HUN	290314	WMA

Shot Put

	Name and country	Born	Meet place	Meet date	
(weight 7,26)					
M35 21.04	Gheorge Guset,ROM	280568	Bucuresti,ROM	180206	World R
M40 19.48	Ivan Ivancic,YUG	061237	Sindelfingen,GER	020380	
M45 20.40	Ivan Ivancic,YUG	061237	Budapest,HUN	200283	World R
(weight 6,00+)					
M50 17.98	Yngve Wahlander,SWE	150958	Borås,SWE	240110	World R
M55 16.02	Patrick Chala,FRA	080248	Eaubonne,FRA	020208	World R
(weight 5,00+)					
M60 16.80	Patrick Chala,FRA	080248	Ancona,ITA	270309 EVC	World R
M65 15.69	Kurt Goldschmidt,GER	090343	Hamburg,GER	150209	
(weight 4,00+)					
M70 14.76	Karl-Heinz Marg,GER	220538	Ancona,ITA	270309 EVC	
M75 14.48	Karl-Heinz Marg,GER	220538	Budapest,HUN	260314 WMA	World R
(weight 3,00+)					
M80 13.68	Leo Saarinen,FIN	270629	Jyväskylä,FIN	200310	World R
*M85 12.50	Östen Edlund,SWE	261134	Sättra,SWE	110120	World R
M90 9.68	Toimi Ahvenjärvi,FIN	250621	Jyväskylä,FIN	060412 WMA	World R
M95 6.85	Ilmari Saunamäki,FIN	200117	Tampere,FIN	180312	
M100 4.43	Giuseppe Ottaviani,ITA	200516	Ancona,ITA	200516	World R
(weight 4,00+)					
W35 21.47	Helena Fibingerova,CZE	130749	Jablonec,CZE	090285	World R
W40 19.16	Antonina Ivanova,URS	251232	Moskva,RUS	240274	World R
W45 16.49	Zdenka Silhava,CZE	150654	Praha,CZE	130200	World R
(weight 3,00+)					
W50 15.17	Alexandra Marghieva,MDA	270959	Gent,BEL	190311 EVC	World R
W55 14.53	Mihaela Loghin,ROU	010652	Gent,BEL	180311 EVC	World R
W60 13.70	Mihaela Loghin,ROU	010652	Torun,POL	230315 EMC	World R
W65 12.18	Mihaela Loghin,ROU	010652	Torun,POL	250319 WMA	World R
W70 10.82	Evaun Williams,GBR	191237	Clerm.Ferrand,FRA	180308 WMA	World R
(weight 2,00+)					
W75 11.39	Anne Chatrine Rühlow,GER	300936	Erfurt,GER	030312	World R
W80 10.44	Susanne Wisssinger,GER	070234	Erfurt,GER	010214	World R
W85 7.40	Rachel Hanssens,BEL	060429	Torun,POL	230315 EMC	World R
*W90 5.35	Nives Fozzer,ITA	140130	Ancona,ITA	190321	
W95+ 0.92	Sirkka Rannema,FIN	071217	Helsinki,FIN	280213	

Weight Throw

	Name and country	Born	Meet place	Meet date	
(weight 15,880+)					
M35 21.10	Szymon Ziolkowski,POL	010776	Bydgoszcz,POL	310114	
M40 18.55	Tibor Gecsek,HUN	220964	Eskilstuna,SWE	120305 EVC	
M45 18.10	Mariusz Walczak,POL	270271	Torun,POL	280319 WMA	
(weight 11,340+)					
*M50 23.75	Mariusz Walczak,POL	270271	Torun,POL	130321	World R
M55 19.15	Lech Kowalski,POL	170161	Torun,POL	280319 WMA	
(weight 9,072+)					
M60 20.95	Witold Lipowski,POL	081056	Torun,POL	240319 WMA	
M65 19.12	Hans Röcken,GER	191140	Warendorf,GER	211206	
(weight 7,258+)					
M70 19.74	Gerard Guyot,FRA	151144	Torun,POL	240319 WMA	
M75 18.00	Esko Palviainen,FIN	010741	Daegu,KOR	220317 WMA	
(weight 5,45+)					
M80 17.51	Östen Edlund,SWE	261134	Huddinge,SWE	291114	World R
M85 15.75	Östen Edlund,SWE	261134	Sollentuna,SWE	181219	World R
M90 9.52	Helge Lönnroth,FIN	181216	Helsinki,FIN	230307 EVC	
M95 6.54	Helge Lönnroth,FIN	181216	Jyväskylä,FIN	040412 WMA	
(weight 9,072+)					
W35 17.79	Anna Söderberg,SWE	110673	Göteborg,SWE	060210	World R
W40 15.74	Kirsi Koro,FIN	220676	Tampere,FIN	170218	
W45 15.51	Gonny Mik,NED	230365	Budapest,HUN	280314 WMA	
(weight 7,260+)					
W50 17.19	Gonny Mik,NED	230365	Sittard,NED	200216	World R
W55 16.22	Mirja Marketta Kokko,FIN	080861	Tampere,FIN	170218	World R
(weight 5,449 kg)					
W60 16.70	Inge Faldager,DEN	080148	Clerm.Ferrand,FRA	180308 WMA	World R
W65 15.11	Inge Faldager,DEN	080148	Budapest,HUN	290314 WMA	
W70 15.10	Annie Van Anholt,NED	220247	Sittard,NED	110218	
(weight 4,00+)					
W75 14.34	Gudrun Mellman,GER	161141	Daegu,Korea	240317 WMA	World R
W80 12.75	Evaun Williams,GBR	191237	Torun,POL	260319 WMA	World R
W85+ 8.72	Hilja Bakhoff,EST	231226	Jyväskylä,FIN	050412 WMA	World R

4 x 200m

		Country and names	Meet place	Meet date	
M35	1:29.74	GBR (Ossai,Collins,Bolan-Ashworth,Beardsell)	Torun,POL	300319 WMA	World R
M40	1:30.97	GBR (D Bradley,B Rund,R Beardsell, T Ossai)	Torun,POL	200119 WMA	World R
M45	1:33.83	SWE (A G Ramirez,M Sunneborn,P Wallin,F Wällgren)	Norrköping,SWE	040317	World R
M50	1:35.35	ITA (W Comper,C Fausti,R Baronini,A De Feo)	Madrid,ESP	240318 EMC	
M55	1:39.40	FRA (C Perochon,F Bontemps,P Barbier,P Carnier)	Torun,POL	300319 WMA	World R
M60	1:45.24	GER (Restle,Scheidt,Groost,Schmitt)	Sindelfingen,GER	140304 WMA	
M65	1:49.78	GER (Gasper,Runge,Nehren,Müller)	Sindelfingen,GER	140304 WMA	
M70	1:55.51	GBR (T Bisset,J Smith,G Sutton,V Novell)	Ancona,ITA	030416 EMC	
M75	2:00.58	GER (H Beckering,H Hufnagel,A Nehren,G Müller)	Budapest,HUN	300314 WMA	World R
M80	2:16.73	GER (L Müller, G Linke, H Geijer, H Hufnagel)	Erfurt,GER	050317	
M85+	2:57.32	GER (E. Bscheid, H.E. Mueller, W. Matthes, H. Staack)	Erfurt,GER	010320 WMA	World R
W35	1:42.53	POL (M Gasowska,J Balcerzak,A Lemiesz,A Grot)	Torun,POL	300319 WMA	World R
W40	1:44.34	GER (Moritz,Heindrich,Grissmer,Görling)	Sindelfingen,GER	140304 WMA	World R
W45	1:46.38	GER (K Berend,P Kauerhof,A Grissmer,R Schulz)	Clerm.Ferrand,FRA	220308 WMA	World R
W50	1:50.40	GER (K Berend,H Joerg,A Koegst,B Burzlauff)	Ancona,ITA	030416 EMC	World R
W55	1:55.90	GBR (J Trimble,C Filer,A Mcclelland,J Horder)	Budapest,HUN	300314 WMA	World R
W60	2:00.37	GBR (H Godsell,C Filar,J Horder,C Powell)	Madrid,ESP	240318 EMA	World R
W65	2:09.74	GER (K Foerster,B Schommler,W Kraehe,I Meier)	Budapest,HUN	230314 WMA	World R
W70	2:31.76	DEN (I Bluhm, M Gram,IL Villum,U Hovgaard)	Skive,DEN	101220	World R
W75	2:50.72	GER (L Ritter,A Eriksen,H Glatzki,H Venn)	Torun,POL	300319 WMA	World R
W80+	4:10.68	POL (J Rosnsk,E Fackowiak,T Sambor,M Panczak)	Torun,POL	300319 WMA	

Pentathlon (scored with the age factors from 2010 and 2014)

60m hurdles, hurdle heights. M35-M45:0.991m, M50-M55:0.914m, M60-M65,W35:0.84m, M70-M75,W40-W55:0.762m, M80+,W60+:0.686m

Weights in Shot Put: M35-M45:7.26, M50-M55:6.0+, M60-M65:5.0+, M70-M75:4.0+, M80+:3.0+
W35-W45:4.0, W50-W55:3.0+, W60-W70:3.0+, W75-W80+:2.0+

Middle distance: M35-M70:1000m, M75-M85+, W35-W75+:800m

	60mh	LongJ	ShotP	HighJ	1000m				
M35 4108e	Oscar Gonzales,ESP				080876	Budapest,HUN	250314	WMA	World R
	(8.33 - 703 - 1343 - 193 - 2:48.50)								
	932 - 874 - 723 - 785 - 794								
M40 4387e	Mattias Sunneborn,SWE				270970	San Sebastian,ESP	220313	EVC	World R
	(8.38 - 727 - 1284 - 184 - 2:47.78)								
	997 1040 746 731 873								
M45 4113e	Mattias Sunneborn,SWE				270970	Ancona,ITA	310316	EMC	World R
	(8.77 - 664 - 11.14 - 172 - 3:07.02)								
	987 975 691 705 755								
M50 4415e	Jose Antonio Urena Vano,ESP				200167	Madrid,ESP	230318	EMC	World R
	(8.84 - 595 - 13.32 - 166 - 2:54.12)								
	1010 - 888 - 827 - 731 - 959								
*M55 4348e	Jose Antonio Urena Vano,ESP				200167	Valencia,ESP	060222		World R
	(9.28 - 570 - 12.20 - 151 - 3:04.82)								
	997 927 820 670 934								
	60mh	LongJ	ShotP	HighJ	1000m				
M60 4409e	Rolf Geese,GER				190244	Sindelfingen/GER	100304	WMA	World R
	(9.15 - 514 - 1268 - 148 - 3:19.26)								
	1082 - 869 - 840 - 731 - 887								
M65 4637e	Klemens Grissmer,GER				121151	Daegu/KOR	240317	WMA	World R
	9.64	548m	1164	156m	4:02.57				
	1069	1143	841	953	631				
M70 4575e	Valdis Cela,LAT				010248	Madrid/ESP	230318	EMA	World R
	(10.35 - 475 - 10.69 - 151 - 3:48.51)								
	984 - 1015 - 709 - 1021 - 846								
M75 4443e	Rolf Geese,GER				190244	Torun/POL	270319	WMA	World R
	(1054 - 396 - 1037 - 132 - 4:00.49)								
	1051 - 845 - 760 - 896 - 891								
M80 4540e	Willi Klaus,GER				061138	Torun/POL	270319	WMA	World R
	(12.53 - 382 - 1000 - 129 - 4:20.14)								
	846 - 957 - 793 - 1012 - 932								
M85 3085e	Bruno Sobrero,ITA				111120	Linz/AUT	150306	WMA	World R
	(13.99 - 330 - 805 - 99 - X)								
	825 - 888 - 702 - 670 - 0								

	60mh	LJ	SP	HJ	800m		
W35 4347e	Inma Clopes Gasull,ESP			190168	Valencia/ESP	020303	World R

	(8.80 - 574 - 1340 - 169 - 2:26.71)						
	1019	856	787	941	744		
W40 4440e	Sonia Del Prete,FRA			070270	Gent,BEL	170311 EVC	World R

	(8.94 - 586 - 1067 - 160 - 2:32.83)						
	1107 - 1007 - 651 - 928 - 747						
W45 4588e	Barbara Gähling,GER			200165	Gent/BEL	170311 EVC	World R

	(9.16 - 519 - 1167 - 154 - 2:28.64)						
	1079 - 883 - 789 - 953 - 884						
W50 4900e	Petra Bajeat,FRA			060366	Torun,POL	290319 WMA	World R

	(9.56 - 525 - 1106 - 151 - 2:49.70)						
	1073 - 1033 - 790 - 1041 - 721						
*W55 4720e	Petra Bajeat,FRA			060366	Braga,POR	260223 EMC	
	60mh	LJ	SP	HJ	800m		
*W60 4787	Maria Rosa Escribano Checa,ESP			291258	Barcelona,ESP	280221	World R
	(10.57 4.51 952 139 2:59.82						
	1044 1044 813 1119 807						
W65 4446e	Riet Jonkers,NED			041043	Ancona/ITA	270309 EVC	

	(12.27 - 396 - 862 - 118 - 2:54.72)						
	852 - 891 - 814 - 899 - 990						
W70 4676e	Riet Jonkers,NED			041043	Budapest/HUN	250314 WMA	World R

	(12.06 - 359 - 765 - 118 - 3:12.86)						
	980 - 874 - 807 - 1054 - 961						
W75 4987e	Riet Jonkers,NED			041043	Torun,POL	290319 WMA	World R

	(13.17 - 324 - 855 - 117 - 3:24.47)						
	935 865 905 1224 1058						
W80 1733e	Dorothy McLennan,IRL			290319	Torun,POL	290319 WMA	
	(25.44 - 209 - 495 - 0.84 - 7:24.61)						
	28 3 433 546 689 37						